

Tuia ki Tawhiti Conference - 2024

Topic - How schools and community groups can work together to use skateboarding to have a positive impact on tamariki and rangatahi

Healthy Active Learning
Professional Learning Development

Monday 8 July 2024

NukuOra
An active Wellington region

Karakia Timatanga

Tuia ki runga
Tuia ki raro
Tuia ki waho
Tuia ki roto
Tuia ki te here tangata
Ka rongo te po
Ka rongo te ao
Haumi..e, Hui..e, Taiki..e

*Unite above
Unite below
Unite from outside
Unite within
Unite as 'one'
Listen to the night
Listen to the world
Now we can come together as one*

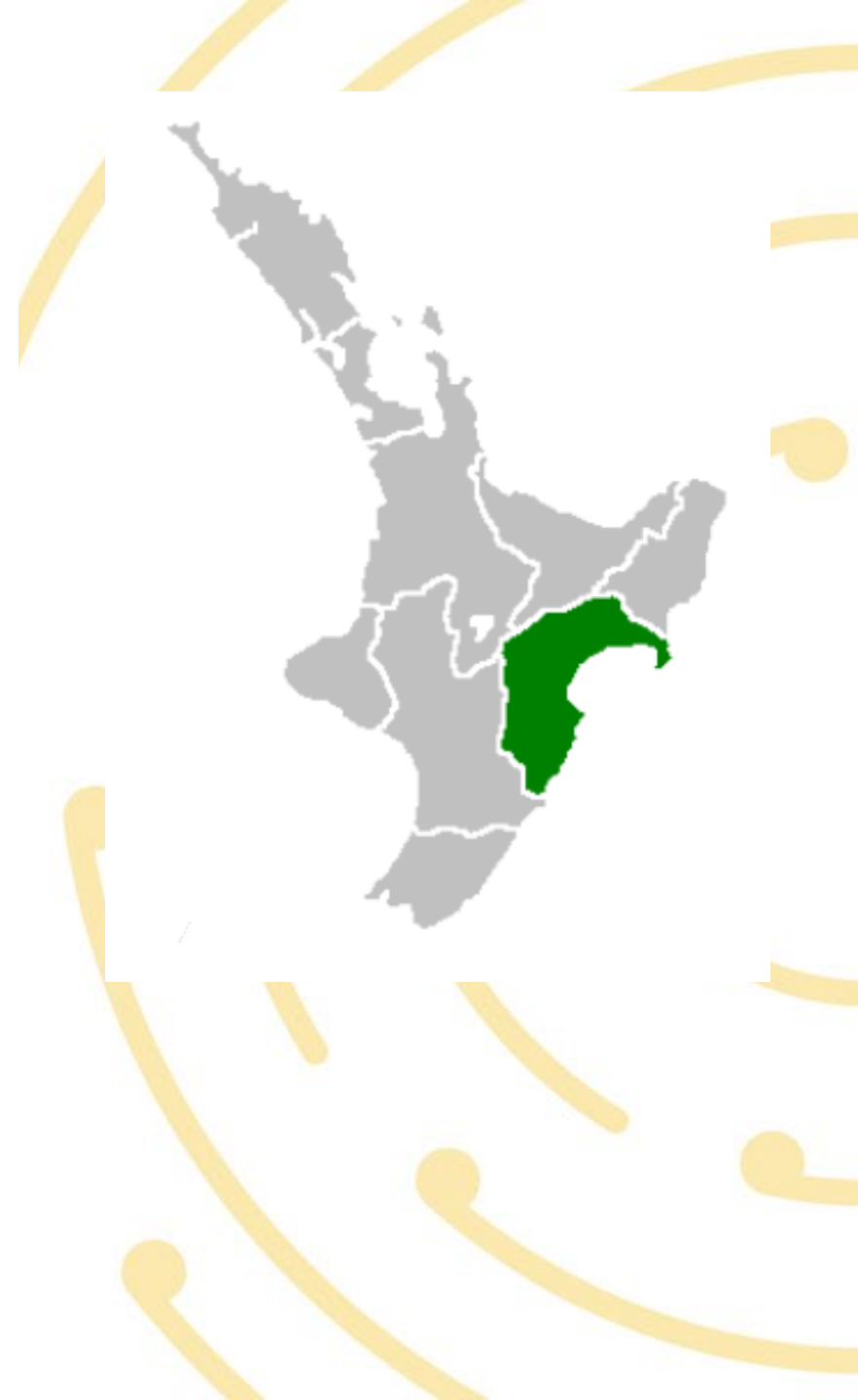


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Session Abstract

How schools and community groups can work together to use skateboarding to have a positive impact on tamariki and rangatahi.

In this workshop, you will have the opportunity to learn the basics of skateboarding through a practical session by developing confidence and capability at your own pace. Skateboarding is gaining in popularity in Aotearoa New Zealand as a viable complement and alternative to the traditional activities and experiences. We will look at how skateboarding has been implemented into school and college programmes and how this has benefited tamariki and rangatahi in the community settings.

9/10

Skateboarding is recommended

9/10. On average, people gave a 9 out of 10 response when asked if they would recommend skateboarding to family and friends.

This result gives skateboarding a Net Promoter Score of +61.

EMPOWERING COMMUNITIES

What the community wants

More events and competitions, and supporting and empowering communities to achieve better outcomes are some of the top items on the minds of the skateboard community.

65%

Skateboard all-year-round

65% of people skateboard all year round.

59%

Skateboarding for life

59% of people surveyed have skateboarded for ten or more years.

THE SKATEBOARD COMMUNITY WANT

Quality and maintenance of skateparks and skate spaces

We received a considerable volume of comments from across New Zealand about the provision, state and care of local skateparks and skate spaces. Topics ranged from suitability of design and quality of construction and finishing to varied or non-existent maintenance.

SIGNIFICANT BARRIERS

Lighting and all-weather cover

Lack of lighting at skateparks and the absence of indoor facilities in most cities are significant barriers to skateboarding in winter.

55%

A huge opportunity for skateboard coaching

17% have received some type of coaching or instruction in the past year. Only 3% receive regular coaching or instruction. 55% of all people might or would use it if it were available to them. The number is much higher for those under 18 (78%) and even higher for under 12 (94%).

COMMUNITY CONNECTION

The community of skateboarding

While skateboarding is considered an individual activity or sport, engaging in it is all about connection and community. 66% of people said they skateboard with "friends". Skateboarding is a social activity – 54% said they skate with "whoever is at the skate park or spot".

45%

5+ hours a week.

45% of people skateboard five or more hours a week.

33%

More females are starting to skateboard

33% of the females surveyed were under 18.

FOR LIFE

Physical and mental benefits of skateboarding

The main reasons people currently skateboard are for fun (86%), health or fitness (56%), and wellbeing (53%). Skateboarding provides physical fitness without feeling forced. It can provide necessary moments of mental clarity in times of stress and anxiety. It can provide essential skills to build resilience and approach life's challenges.

34%

Skateboarding is for the neurodiverse

At least 34% of people surveyed identified as neurodivergent. The benefits of skateboarding, such as hyperfocus, clearing the mind or achieving a sense of escapism or respite, are suited to the neurodiverse. "Skating is perfect for ADHD. The hyperfocus pairs well with it." "Skateboarding is my escape from depression and anxiety."

EVEN

The community's view on skatepark design

Insights show that there is a very even spread across what obstacles people want in their skateparks, with no obvious outliers.

FOR ALL LEVELS

Design of skateparks for all levels

Design aspects of skateparks are critically important to the community. Skateparks and skate spaces must provide for beginner, intermediate, advanced and expert users and their different needs while working in harmony with the patterns of use of other user groups or codes.

WEATHER & INJURY

Barriers to going skateboarding

Weather (65%) and injury (43%) are the highest and most influenceable factors that have stopped people from skateboarding in the last 12 months. 34% said that having nowhere to skateboard or that the park or spot was too far away stopped them from skateboarding.

STREET IS MOST POPULAR

Types of Skateboarding

Street skateboarding is by far the most popular discipline at 81%. Mini-ramp is the next favoured discipline at 59%. Bowl follows at 44%. Downhill and Vert disciplines have core followings at 17.5% and 14%, respectively. A significant portion (34%) skateboard as a form of transportation.



Instructor: George Read

The Cheapskates Skate Skool is New Zealand's longest running Learn to Skate Programme and Skate Event provider based in Christchurch and operating across the South Island. Through primary and secondary schools, after school and holiday care programme providers as well as community events, we have taught over 25,000 youth to learn to skate in a fun and safe environment, since launching in 2010.

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[\(1\) Facebook](#)

[Cheapskates Skate Skool Instagram](#)

[Learn to skate - Skateboarding New Zealand](#)



Darren's Journey

- School data collection for Council while at Teachers College
- Healthy Active Learning started – 2020
- OnBoard Skate were running community skateboard programmes in Wellington
- Started engaging with schools – Wainuiomata & Wellington
- Tū Manawa Active Aotearoa Funding – Sport, Active Recreation and Play
- Equipment & delivered sessions – 7 Wairarapa Schools
- Embedding into schools
- Linking with community

PAL'S SKATEBOARD LEADERSHIP PROGRAMME

Student Skateboard Ambassador Roles and Responsibilities



Prepared By: Steve Hodges
CEO
OnBoard Skate Inc



SKATE BOARD **FREE ENTRY**

SCHOOL HOLIDAY PROGRAMMES

MONDAY 22ND APRIL
10AM - 11AM &
11.15AM - 12.15PM

- **CARTERTON SCHOOL GROUNDS: 90 HOLLOWAY ST, CARTERTON**
- **SKATEBOARDING EQUIPMENT PROVIDED**
- **COVER SHOES ARE A MUST**
- **WEATHER PERMITTING**
- **AGES 5 - 12 YEARS**

COME JOIN THE FUN!

PRE-REGISTER ONLINE AT: WWW.ONBOARDSKATE.ORG.NZ




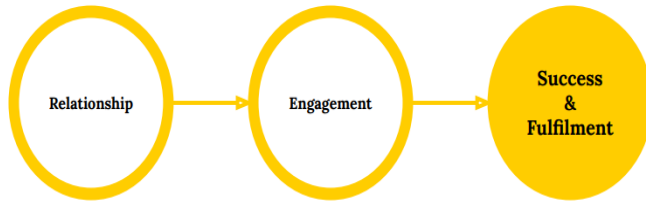
The way we help you achieve success is by providing an inclusive, safe, fun and enjoyable actions sports experience in a non-judgmental learning environment, supported by experienced instructors who are passionate about helping others.



Raroa Intermediate School

Focus: Building engagement for reluctant and marginalised students.

 The process is easy... isn't it?



- DP identified a group of students
- Found a context through building a relationship
- Designed an internal programme
- A school wide programme using an external provider & funding



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Carterton School Reel



<https://www.facebook.com/reel/1429697447537544>

Any questions?

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Nga mihi nui ki a koutou



The logo for Nuku Ora features the word "Nuku" in a bold, italicized sans-serif font, followed by the word "Ora" in a similar font. The letter "O" in "Ora" is replaced by a stylized circular graphic consisting of several concentric white lines with small dots at their ends, resembling a signal or a network diagram.

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